



Serve, Support, Strengthen

The Spiritual Battle

- Welcome everyone – 1 minute
- Open with prayer - 1 minute
- Suggest feedback on answered prayer – 5 - 10min
- Time of Bible study – 40 minutes
- Questions – 10 minutes

Introduction:

In our Christian walk, we often face challenges and battles, but who are we really fighting against? This study will guide us through understanding spiritual warfare, as described by Paul in Ephesians, and how we can rely on the strength of the Lord to overcome our true enemy. We will explore the u of God and learn how to engage in spiritual battles using the tools and weapons He has provided.

1. What does it mean to be strong in the Lord?
2. Who are you currently fighting against, who is your enemy, who is causing you problems in life?
3. Read Ephesians 6:10-12. Who does Paul say your real enemy is?
4. How does this change our view on who we should be fighting against?
5. How do we fight against the spiritual forces of the heavenly realms?
6. Read Ephesians 6:17-17. How does Paul say we should fight against spiritual evil?
7. Why is the symbolization used for:
 - truth as the belt (holds the other parts of the armour into place. This is the foundation of the Christian beliefs. It signifies honesty, integrity, aligning ourselves with Gods truth to resists deception)
 - righteousness as a breastplate (protection of the soldiers heart and vital organs. Guides the hear against accusations and moral failure. Represents moral integrity and protection that comes through living in integrity)
 - shoes of the gospel of peace (prepare for movement, bringing the gospel of reconciliation with God)
 - Shield of faith (guards us against the 'flaming arrows of the evil one. Our faith in Gods promises protect us against the lies that are thrown at us)
 - Salvation as a helmet (protection of our minds, it is the cover under which we operate)



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- The word as a sword (the only offensive weapon, using the words of Scripture allows us a weapon when we are attacked, feel down etc. There is power in the words of God)
8. What does 'to pray in the spirit' mean?
 9. Read Ephesians 6:18-20. What does Paul mean by every kind of prayer as praying in the spirit? What are you needing to pray about right now?
 10. What does Paul say in v 18-20 the battle against spiritual forces is really about? (fearlessly declaring the gospel)
 11. How does the spiritual battle affect how we are to have community with other believers? (pray for each other, for our leaders)
 12. How does the spiritual battle affect how we are to prepare for the great commission?

Conclusion:

Spiritual warfare is not about fighting people but about standing firm against the forces of evil that work against us. By putting on the full armour of God, praying in the Spirit, and supporting one another, we can effectively resist these spiritual forces. As we prepare for the Great Commission, let us stand united, knowing that our real strength comes from the Lord and His victory over darkness.